

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 17/02, 10/03, 31/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese	Classic Beef Burger Served with Potato Wedges	Roast Gammon/Chicken Served with Roast Potatoes and Gravy	BBQ Chicken Pizza Served with Pesto Pasta	Fish Fingers Served with Chips
JACKET POTATO	Cheesy Bean Burrito	Quorn Burger Served with Potato Wedges	Roast Quorn Served with Roast Potatoes and Gravy	Meatless Feast Cheesy Pizza Served with Pesto Pasta	Crispy Quorn Sub Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate and Coconut Sponge	Apple Crumble with Custard	Rice Pudding with Jam or Chocolate Spread	Flapjack with Fruit	Chocolate Brownie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 2

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03, 07/04

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Veggie Supreme Pizza Served with Pesto Pasta	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Chicken Tikka Masala Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Vegetable Fajita Served with Wholegrain Rice	Chinese Vegetable Noodles	Quorn Sausages Served with Mashed Potato and Gravy	Macaroni Cheese	Quorn Dippers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Vanilla Ice Cream	Apple and Cinnamon Sponge with Custard	Fruits of the Forest Jelly	Orange Glazed Sticky Sponge Pudding with Custard	Chocolate Cookie

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 3

W/C: 18/11, 09/12, 30/12, 20/01, 10/02, 03/03, 24/03, 14/04

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

Cheese and Tomato Pizza
served with pesto pasta

Pork Sausages
Served with Mashed Potato and Gravy

Roast Beef/Chicken
Served with Roast Potatoes and Gravy

Chicken and Vegetable Korma
Served with Wholegrain Rice

Fish Fingers
Served with Chips

BBQ Quorn Fillet   
Served with Wholegrain Rice



Quorn Sausages 
Served with Mashed Potato and Gravy



Vegetarian Cottage Pie  
Served with Gravy

Vegetable Korma   
Served with Wholegrain Rice

Cheese and Sweetcorn Omelette 
Served with Chips

JACKET POTATO

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato sauce with penne pasta  

All main meals are served with two vegetables

DESSERT

Chocolate Beet Brownie with Orange Slices 

Banana Cake

Oat Cookie with Fruit 

Jam and Coconut Sponge with Custard

Strawberry Frozen Yoghurt

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**

AUTUMN/WINTER 2024