



Year 4 School Journey

Information Evening for Parents and Carers

Year 4





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APRIL 2026

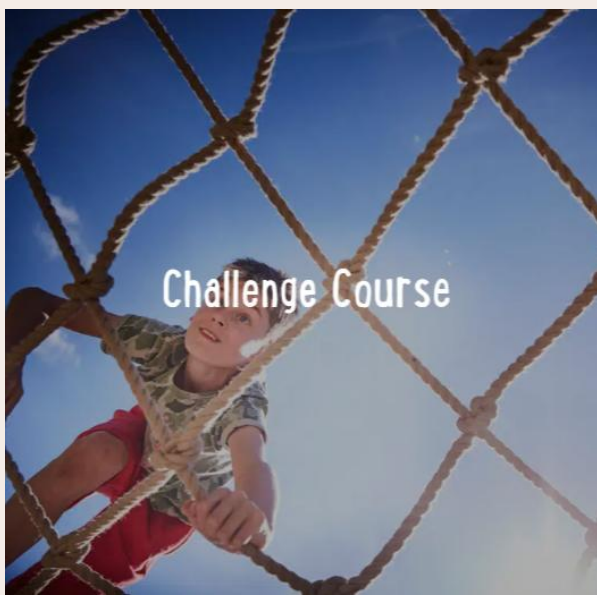
PGL MARCHANTS HILL

PGL – Fully accredited



Halstow and PGL Risk Assessments

Activities will include...



... and much, much more!

Sample daily itinerary



Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	campfires, quizzes and more - our evening entertainment programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!



Children sleep in bunk-bedded rooms of 4-8 with ensuite.
All doors open to shared, supervised corridor.



Rooms will be assigned.

Children will have the opportunity to request dorm mates.

We will do everything in our power to ensure they are bunking with at least one of their choices.



What to expect at mealtimes

All meals are freshly cooked, balanced and will give pupils plenty of energy to keep them going throughout the day.

Hot and cold meals with vegetarian options

Homemade soup every day

Self-service salad bar

Fresh fruit with every meal

Allergies, intolerances and special diets catered for



What to Pack (page 1)

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.



- T-shirts
- Long sleeved shirt/T-shirts
- Waterproof jacket
- Fleeces/jumpers

Tops & jackets

Trousers or leggings

but not jeans as they get heavy and cold when wet



Underwear & socks

Swimming costume/trunks for water activities

1 or 2 sets of clothes for the evening

Suitable nightwear



Your arms will need to be covered to do some activities.

Your socks will need to cover your ankles to do some activities.

FOOTWEAR

2 pairs of trainers

1 for activities

1 old pair for watersports

1 pair of dry shoes for evening activities



TRAVELLING IN THE...

 ...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen

 ...WINTER?

- Warm coat
- Hat and gloves

OTHER ITEMS

2 towels → 1 for showering
1 old one for activities

Reusable drinks bottle

Small rucksack/bag

Labelled bin bag for wet and dirty clothing

Sleeping bag or duvet and pillow (unless otherwise advised)

Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

Hair ties for long hair

Torch



What to pack (page 2)

- - Slippers
- - Bath/hand towel (for use in your room)
- - Named bin liners for bringing any damp or wet clothes/towels home (not black bin liners can be mistaken - for rubbish bags!)
- - Plenty of LAYERS! Long sleeves.
- - Spare socks
- - Gloves and hats (or suncream and sunhat depending on forecast!)
- - Waterproof coat
- - Any medication required including spare asthma inhalers (medical form)
- - Refillable drinking water bottle
- - Pillow & single duvet/sleeping bag

• **LABEL ALL BAGS AND CLOTHES**

Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

PLEASE DO NOT BRING



- ✘ Electrical devices
- ✘ Computer games
- ✘ Food items that contain nuts
- ✘ Jewellery/valuables
- ✘ Flip flops/crocs/sandals
- ✘ Aerosols
- ✘ Mobile phones
- ✘ Smart watches

We'll be keeping you updated...

- Daily link
- Photos from each group (unless photo consent hasn't been given)

Any Questions?

