

# THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN



YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1 MENU

W/C: 18/04 09/05 06/06 27/06 18/07



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Hot Main Dish**

**Chinese Veggie Noodles**



**Allegra Proper Chicken Pie with Mashed Potato**

**Roast Turkey with Roast Potatoes and Gravy**

Succulent roast chicken with fluffy roasties and tasty gravy

**Beef Keema Curry with Rice**



**Golden Fish Fingers and Chips**

Crispy fish fingers and chips

**Alternative Dish**

**Cheese and Tomato Pizza with potato wedges**



**Macaroni Cheese**



**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy**

A chunky sweet potato and chickpea roast

**Butternut Squash and Tomato Bake with Rice**

A delicious butternut squash and tomato bake served with rice



**BBQ Veggie Burger**

with Scrummy chips

**Salads**

**A Selection of Fresh Salads**  
Including lettuce, cucumber, tomato, grated carrot



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**Jacket Potato**

**Jacket Potato with a choice of fillings**



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**Pasta**

**Tomato Pasta**  
A delicious fresh, homemade tomato sauce with penne pasta



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**Vegetables**

**Green Beans and Sweetcorn**

**Peas and Broccoli**

**Carrots and Cabbage**

**Broccoli and Sweetcorn**

**Baked Beans and Peas**

**Desserts**

**Chocolate Ice Cream**

**Secret Brownie**

**Shortbread Biscuit with Fruit Slices**



**Banana and Apricot Flapjack with Fruit Slices**



**Orange, Sultana and Carrot Slice**

**SPRING/SUMMER 2022**

**AVAILABLE EVERY DAY**

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

**Vegetarian** **Oily fish** **Wholegrain** **Fruity!** **Nutritionist's Choice**

Internal



# WEEK 2 MENU

W/C: 25/04 16/05 13/06 04/07



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Mild Bean Chilli</b> with Rice	<b>Pork Sausage</b> with Mashed Potato Gravy	<b>Roast Chicken with Roast Potatoes and Gravy</b> Succulent roast turkey with fluffy roasties and tasty gravy	<b>Beef Bolognese With Pasta</b>	<b>Southern Fried Chicken Tasters</b> Lightly seasoned crispy chicken strips and scrummy chips
Alternative Dish	<b>Cheese and Tomato Pizza</b> Cheesy tomato topped pizza slice With Doughballs	<b>Vegetable Lasagne</b> with a Garlic & Herb Bread Wedge	<b>Creamy Vegetable Pie</b> with Roast Potatoes and Gravy Creamy vegetable pie with a cheesy shortcrust topper	<b>Mild Chickpea and Potato Curry</b> Served with wholemeal rice 	<b>Quorn Dippers with Chips</b>
Salads	<b>A Selection of Fresh Salads</b> Including lettuce, cucumber, tomato, grated carrot	<b>A Selection of Fresh Salads</b> Including lettuce, cucumber, tomato, grated carrot	<b>A Selection of Fresh Salads</b> Including lettuce, cucumber, tomato, grated carrot	<b>A Selection of Fresh Salads</b> Including lettuce, cucumber, tomato, grated carrot	<b>A Selection of Fresh Salads</b> Including lettuce, cucumber, tomato, grated carrot
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Pasta	<b>Tomato Pasta</b> A delicious fresh, homemade tomato sauce with penne pasta	<b>Tomato Pasta</b> A delicious fresh, homemade tomato sauce with penne pasta	<b>Tomato Pasta</b> A delicious fresh, homemade tomato sauce with penne pasta	<b>Tomato Pasta</b> A delicious fresh, homemade tomato sauce with penne pasta	<b>Tomato Pasta</b> A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Carrot Sticks and Cucumber Sticks	Peas and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Baked Beans and Peas
Desserts	Flapjack with Fruit Slices	<b>Orange Shortbread</b> with Fruit Slice	<b>Crunchy Chocolate Biscuit</b>	<b>Fruity Chocolate Brownie</b>	<b>Vanilla Ice-Cream</b>

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# WEEK 3 MENU

W/C: 02/05 23/05 20/06 11/07



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	<b>Cheese and Tomato Pizza With Wedges</b>	<b>Chicken Tikka Masala with Rice</b>	<b>Roast Chicken with Roast Potatoes and Gravy</b> Succulent roast Gammon/Chicken with fluffy roasties and tasty gravy	<b>Beef Meatballs in Tomato Sauce with Pasta</b>	<b>Golden Fish Fingers and Chips</b> Crispy fish fingers and scrummy chips
Alternative Dish	<b>Veggie Sausage and Mash with Gravy</b> Fluffy mash with veggie sausages and rich gravy	<b>Macaroni Cheese</b>	<b>Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy</b> A chunky butternut squash and potato slice	<b>Veggie Balls In Tomato Sauce with Pasta</b>	<b>Soft Taco and Chips</b> A soft taco shell filled with a yummy veggie tomato chilli
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Vegetables	<b>Peas and Carrots</b>	<b>Sweetcorn and Broccoli</b>	<b>Carrots and Cabbage</b>	<b>Green Beans and Sweetcorn</b>	<b>Baked Beans and Peas</b>
Desserts	<b>Oatie Biscuit with Fruit Slices</b>	<b>Lemon Drizzle Cake</b>	<b>Strawberry Ice Cream</b>	<b>Carrot Cake with Citrus Frosting</b>	<b>Crispy Crackle Bar</b>

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